



Piney Run Park

Run To Remember

50K and 5 Mile

April 23, 2022

Piney Run Park

30 Martz Rd Sykesville, MD 21784



Runner Name: _____

Emerg Contact Name _____ Ph# _____

Address _____ City _____ Zip _____

Phone _____ Email _____

Age on Race Day _____ Gender Circle One: Male Female

Circle one: Solo Runner or Relay Name of Team _____

50K Single runner or a relay team up to 6 people.

Race starts at 7:30 AM.

Runner must be able to start the 6th lap by 2:30 PM. Water at 2.5-mile food every 5 mile

Finisher medal, 1/4 Zip Shirt, Runner Hat, Cinch Sac

\$65 Through March 1, 2022 (\$70 after March 1, 2022)

Shirt Size **Male** Small Medium Large XLarge 2Xlarge

Female XSmall Small Medium Large XLarge

5 Mile

Race starts at 9 AM. \$45 Through 3/1/2022 1st then \$50

Finisher Medal, Runner Hat, Cinch sac

Water stop 2.5 mile

Packet Pick up will be at **Tri Sport Junction**, 7568 B Main St, Sykesville MD 21784 on the following dates and times:

Thursday April 21st 2-7 pm

Friday April 22nd 10 AM- 2 PM

You will need your packet to get entry into the park on Saturday morning. Questions call Jane at Tri Sport Junction 410 549 1704

I know that running any race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, physical contact with other participants, volunteers, race personnel, contract service providers, employees, and spectators including the potential the contraction of a communicable disease resulting from contact with other participants, volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity; freezing cold temperatures; traffic and the conditions of the road including surrounding terrain. I further agree to abide by the Center for Disease Control's (CDC) recommendations for the prevention of the spread of the 2019 Novel Coronavirus Disease (COVID-19) and other communicable diseases, and I attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I assume all such risks being known, appreciated, and accepted by me.

I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Eldersburg Rogue Runners, The Road Runners Club of America, Carroll County Government, Piney Run Park, and all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. In addition, I acknowledge the contagious nature of COVID-19 and other communicable diseases and voluntarily assume the risk that I may be exposed to or infected by COVID-19 and/or other communicable diseases by participating in this event. I acknowledge that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected by COVID-19 in connection with my participation in this event and personally assume

I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purposes. I understand that this event does not provide for refunds in the event of a cancellation, and by signing this waiver, I consent that I am not entitled to a refund if the event is cancelled before or during the event.

Signature and Date _____

All registrations are final; there are no refunds due to weather or non-participation