PVYA BLUE RIDGE EXPRESS

35TH ANNUAL

YOUTH TRACK & FIELD MEET

This meet is open to only those clubs who are offering a meet on our local schedules or prior approval with limited numbers of athletes. Brunswick, Middletown, Catoctin, Lightning, Frederick Striders, Howard County, Carroll County Teams, Randallstown, Mountain Express. Please e-mail or call to confirm you are coming and est. of how many kids coming from your club!

SUNDAY APRIL 12th, 2015

BRUNSWICK HIGH SCHOOL

101 CUMMINGS DRIVE, BRUNSWICK, MD 21716

MEET DIRECTORS: LEE & ANNE ZUMBACH 301-834-8045 [ZUM50@HOTMAIL.COM](mailto:ZUM50@HOTMAIL.COM)

REGISRTRATON OPENS: 11:30 AM Meet Starts at 12:45 pm

AGE GROUPS BASED ON AGE OF DEC. 31ST 2015 3 individual event limit 12 & under

ENRTANCE FEE: $5 PER ATHLETE (limit 3 events not counting relay) PVYA athletes do not pay

AWARDS: RIBBONS TO TOP 6 IN EACH GENDER AGE GROUP TOP 3 RELAY GROUPS

**ORDER OF EVENTS: GIRLS then BOYS , MAY COMBINE AGE GROUPS IN THE 1500 & 3000**

**Long Jump will start at 12:30 pm**

|  |  |  |
| --- | --- | --- |
| 1 | 3000 Meter Run | **11-12, 13-14 only** |
| 2 | 50 Meter Dash | 6 & under only |
| 3 | 100 Meter Dash | 8 & u, 9-10, 11-12,13-14 |
| 4 | 1500 Meter Run | “ |
| 5 | 400 Meter Run | “ |
| 6 | 4 x 100 Relay | “ |
| 7 | 200 Meter Dash | “ |
| 8 | 800 Meter Run | “ |

**FIELD EVENT ORDER These events take place simultaneously**

|  |  |
| --- | --- |
| LONG JUMP **(2 attempts only)** | 7-8, 6 & u, 9-10, 11-12, 13-14 |
| SHOT PUT | 9-10, 7-8, 11-12, 13-14 |
| HIGH JUMP | 13-14, 11-12, 9-10 |

**NOTES:**

We have just 1 jump pit. **2 attempts only**

Restrooms available

Concessions will be sold near Main Entrance Gate

This is a youth meet not open to high school athletes

Those who will turn 15 this year can take part in their own heat. Please Use Colored Sticker and note age

**Park in main high school lot or gravel lot near ball field. Cars parked along 464 or in Orchard are subject to city police ticket.**