**ERR Arrows Youth Track Registration 2017**

**Registration for the 2017 season ends when all spots filled, or by March 31!**

**ERR Arrows - Youth Track and Field Spring 2017**

ERR Arrows—Youth Track and Field
Ages 6 and up (6 yr olds must have parent participate on track at every practice)
March 14—June 8
Tues and Thurs
South Carroll High School

Practice Schedule:

3/14 – 5:30-7:00: ONLY 10-and-younger

3/16 – 5:30-7:00: ONLY 11-and-older

3/21 through 6/8 -- every Tues/Thurs.: 5:30-6:30 younger group runs; 6:30-7:30 older group runs.

4/4 through 6/8 -- Field Events every Tues/Thurs: (Older Group: 6:00-6:30; Younger group: 6:30-7:00)

**PROGRAM INFORMATION**

Athletes separated by age, trained according to specialty—sprints; distance; field events. Meets (Sundays) start April 9. Meets (athletes compete against other youth clubs) not required, but Arrows encouraged to try at least one.

Add-on program $20 plus regular registration fee: 4 sessions of Competitive Training Practices for sprinters aged 11-and-up (age by 12/31/2017) on Sundays, starting March 12. For more details on program, visit [www.errun.org](http://www.errun.org).

Head Coaches: Doug Fleming, Sherry Stick (Distance), Tony Griner (Sprints)

Our objective: Have fun while developing skills and appreciation for the sport of Track and Field. Parent volunteers are needed – let us know if interested!

**COST**

Cost: $45 per athlete for 1st family member, $40 for 2nd +; 4-week sprinter’s Competitive Training Program: $20 added on. Cost does not include uniform jersey (required for meets) that is purchased separately, nor does it include meet entry fees -- typically $6 (paid on day of meet).

Questions, email: arrowsyouthtrack@gmail.com

Register at **http://www.farc.siplay.com Arrows Youth Track and Field**

ERR—Eldersburg Rogue Runners, Inc. is an affiliate of the Freedom Area Recreation Council. For additional information on ERR and its programs visit our website at www.errun.org. ERR is not affiliated with any specific HS program.